



AVACS THE HOME

LATEST NEWS



Message from AVACS President

Dear AVACS residents, family members and staff,

Christmas and New Year 2024 is fast approaching and another year gone by so quickly.

Our nursing home has been in operation for 5 years and now we have achieved a full 100% occupancy and we have been able to help many sicked, lonely and socially disadvantage elderly people in the community.

Our AVACS nursing home has continue to keep up with the new Quality Standards and Requirements set by the Australian Aged Care Quality and Safety Commission. Among a few Nursing Home around Australia, we have achieved 5 Star Rating by the Australian Government to indicate the good quality of care across 4 key areas of performance such as Compliance, Quality Measures, Residents' Experience and Staffing. This is a very good news and a great achievement for all of us. Our main objectives are caring for the residents with our best ability, treating them with respects and providing them with choices and dignity.

On behalf of AVACS Board, I would like to thank you all AVACS staff for your diligent, loyalty and hard working to care for our residents. The Board has appreciated all AVACS staff who worked so hard and loyal to AVACS.

I also would like to thank you all residents and family members for your understanding, co-operation and support for AVACS over the past 5 years.

Recently, the NSW Health Department has alerted that the Covid 19 infection cases are on the raise again around Christmas and New Year time and recommended that all residents and staff need to have a new Covid booster vaccine against a new strain XBB 1.5 if you had the previous vaccine more than 6 months ago. So, I would strongly recommend all residents and staff to have a new Covid 19 booster vaccine to protect everyone in the nursing home, especially to protect our beloved residents. I would also like to remind all family members to get your vaccine up to date before visiting the nursing home.

Thank you very much for your co-operation.

Dr. David Minh Tang
AVACS President

19/12/2023



Father's Day Celebration

AVACS President Dr. David Tang attended Father's Day celebration, wishing all the fathers a happy and healthy day. Residents gathered at the front hall to have an afternoon Tea to celebrate Father Day 2023. and they shared the special Father Day Cake together. Residents were listening to the stories about Father Day, followed by entertainment from staff singing some of their favorite songs.



Minister Chris Bowen visited AVACS right on Father Day 2023 celebration.

On behalf of the residents at AVACS, resident Mr. Tien NGUYEN gave a bouquet to Minister Mr. Chris Bowen as a welcome gift and thanked him for saving his time on visiting residents at AVACS. Minister Mr. Chris Bowen was accompanied by the Board of AVACS Directors to visit the facility and the Spiritual Garden which is being under construction at AVACS. Minister Mr. Chris Bowen thanked to AVACS residents and AVACS Board of Directors for the warm welcome.



Moon Festival 2023 Celebration at AVACS

Our residents were assisted to gather at the activity hall in Wing C for Moon Festival 2023 Celebration. The ceremonial stage was decorated formally with moon background and balloons. Our residents were given the snack food including nice-decorated jelly, moon cakes, tea and soft drink to enjoy the festival. Residents enjoyed listening to music about the moon performed by the activity staff and residents' family members.



Melbourne Cup Day

Residents spent time gathering at the multi-purpose room to watch this yearly Melbourne Cup 2023 on the big screen. AVACS front hall was decorated with colorful flags and the noodle horses. The residents were assisted with putting on their fancy hats and clothes to welcome this special event – the race that stops the nation. The residents joined in the sweepstake to buy the lucky tickets of the horses. They all looked cheerful and excited to follow the racing and to check for the final results of the competition. Food and drink were served to residents as a refreshment at the beginning and during the game including snack, spring roll, chicken nuggets, soft drink and alcohol-free beer. The residents checked their tickets for the winning horse with much excitement.



Bus Trip Outings

Residents enjoyed bus trips to the temple and shopping trip to Cabramatta. Bus outing trips are conducted monthly, and residents have input regarding where they would like to visit and the type of activities. Some of these activities include having morning tea at the park, watching nature at the lake or just a bus trip to visit the local suburbs that they are familiar with.



Catholic Mass

Leisure and Lifestyle activity ensures that the residents' spiritual belief is respected. Weekly Catholic Mass is conducted every Thursday at 10:30am in the AVACS Multi-purpose room. Families also joined in the prayer session.



Buddhist Prayer Group

Leisure and Lifestyle activity ensures that the residents' spiritual belief is respected. Weekly Buddhist Prayer session is conducted every Friday at 10:30am in the AVACS Multi-purpose room. The Nuns from the local temple facilitates these sessions.



Residents Outdoor Activities

Recreational Lifestyle team conducts outdoor activities for the residents on a weekly calendar. Residents are gathered in Wing A courtyard to participate in some outdoor activities, having their morning tea, or simply enjoying the gardens that are blooming with spring flowers and various native plants.

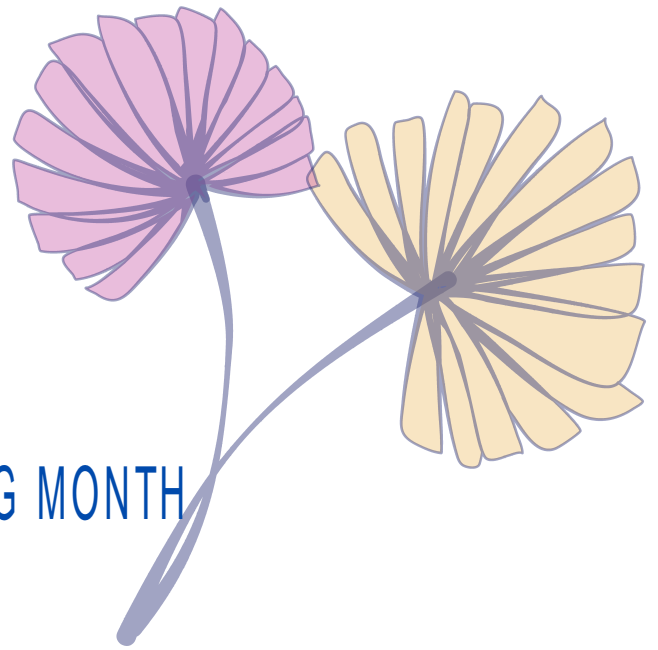


Christmas 2023

Christmas 2023 at AVACS was carried out differently due to covid outbreak. Santa and his helpers gave surprise visits to the residents in their rooms. Residents were very happy to see Santa, and some of the residents gave a chuckle or too.

UPCOMING EVENTS

01/01/2024 New Year's Day
10/02/2024 Lunar New Year 2
26/01/2024 Australia Day
14/02/2024 Valentine Day



ACTIVITIES ON OFFER FOR UPCOMING MONTH

- Bus trips
- Happy Hour
- BBQ Day

AVACS team have worked hard to provide the highest quality of care to some of society's most vulnerable people and even more so when with faced with the ongoing challenges of COVID-19 infection in Residential Aged Care Facilities. We thank you to our residents and representatives for their patience, understanding and support.

WE VALUE YOUR FEED BACK

We are dedicated to providing the highest quality care, and welcome your comments, compliments and complaints as these help us to continually improve the services we provide. You are always welcome to provide feedback directly to staff at our home; alternatively, feedback forms are available throughout our home and can be handed to a staff member, placed in a suggestion box or posted back to us.

Committee Meetings

Our Resident & Representatives meeting are held every 2 months, and the Resident Advisory Committee Meeting are held quarterly. Please make a note and your participation in this meeting are welcomed and valued. These dates will be emailed to committee members and residents' representatives.

EDITORIAL BOARD

Board Director
Recreational Activity Team

ADVISORY

Facility Manager
Australian Vietnamese Aged Care Service