



AVACS THE HOME

THE NEWSLETTER OF AVACS NURSING HOME

ADDRESS: 783-785 THE HORSLEY DR SMITHFIELD NSW 2164

PHONE: (02)8234 8853

THE LATEST NEWS

MESSAGE FROM

PRESIDENT



THANKS FOR CARING



WELCOME

HAPPY FATHERDAY



MESSAGE FROM AVACS PRESIDENT

BY DR. DAVID TANG

Dear AVACS residents, family members and staff,

Since June this year until now, our AVACS Nursing Home has been under strict lockdowns together with many other Aged Care Facilities in Fairfield LGA due to Covid 19 Pandemic. Our staff have been working extremely hard to care for our residents, having Covid 19 testing frequently every week in order to protect our frail elderly residents. Now, we can see light at the end of the tunnel, the infected cases have been markedly reduced as 70% of the people of NSW have been fully vaccinated, then we could reach 90% fully vaccination by early December 2021. Of great news, by now we have 100% of our staff are fully vaccinated. This is a very important step to protect our residents and staff from severe complications of Covid 19 illness.

On behalf of AVACS Board, I would like to thank you all AVACS staff for the job well done to care for our residents and to keep our residents safe. I also would like to thank you all residents and family members for your understanding and cooperation during the pandemic lockdowns. Under the NSW Health and State Government Directions, many restrictions will be gradually lifted, starting from 11 October until the end of November and hopefully our ways of life would be back to normal by December this year.

In order to keep up with the good work, to care for and protecting our residents from Covid 19 illness, I would encourage everyone to have Covid vaccine as soon as possible if you have not done so, and continue to keep up with your good infection control by keeping social distance, wearing mask when you are going to work or visiting the residents, washing hands often and if you feel unwell with sore throat, runny nose, coughing or fever, please do not come to the nursing home and see your GP for COVID 19 testing.

On 14 September 2021, our residents have celebrated Moon Festival with delicious meal and moon cakes kindly donated by Mr and Mrs. Quoc Xuyen Lam, Directors of Ettason, a leading Asian Food Company in Australia and Jimmy- Nancy Lee bakery. On behalf of AVACS, I would like to thank you very much Mr and Mrs. Quoc Xuyen Lam, Mr. and Mrs. Jimmy Lee for your kindness.

Hope to see everyone very soon once the restrictions are lifted.

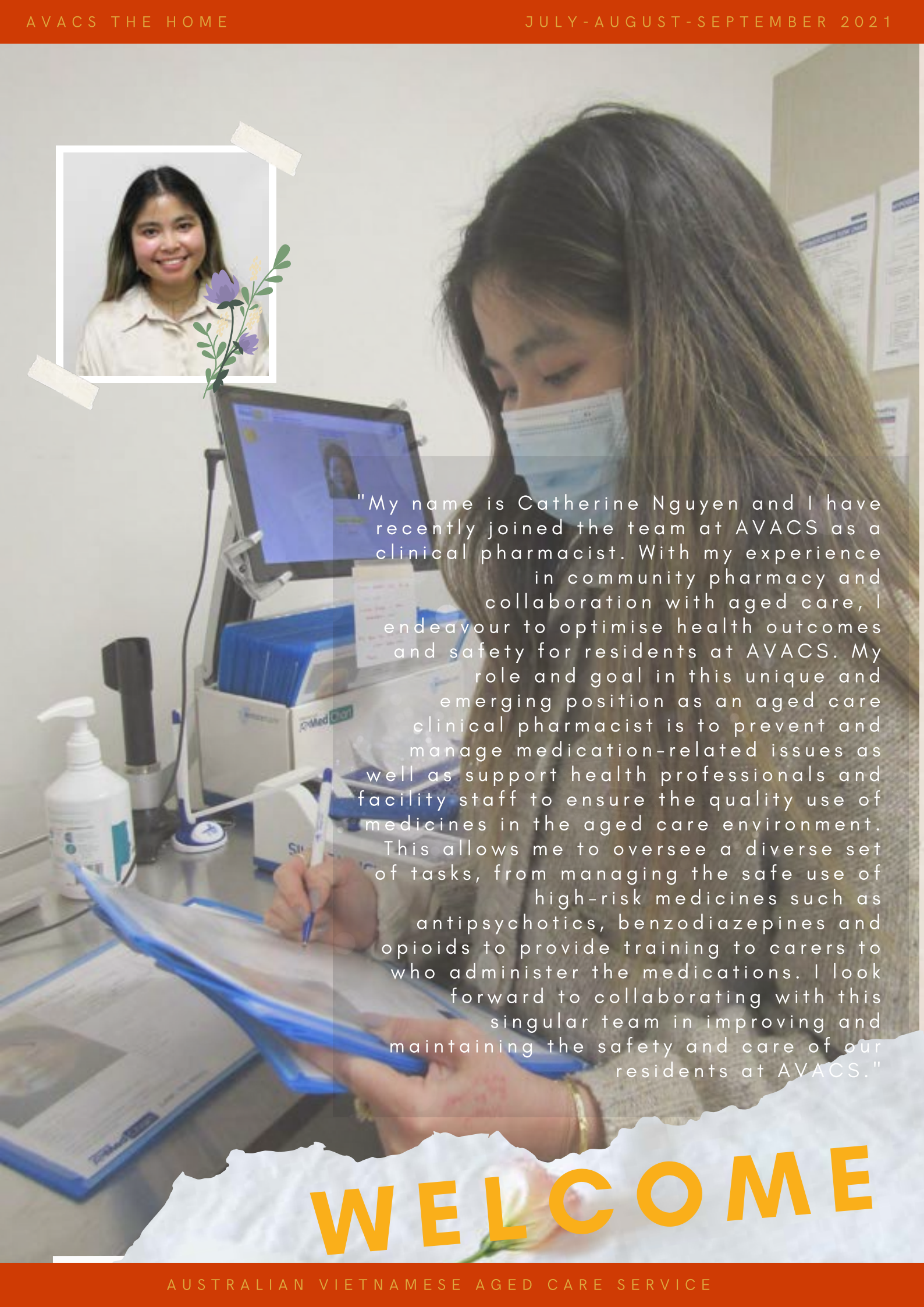
Dr. David Minh Tang
AVACS President
05/10/2021

THANKS FOR CARING

Let's meet at regular FM lunch where many of our staff have the chance to stop and celebrate one another.

This special lunch has become especially pertinent during COVID-19 when our staff have been working incredibly hard to keep our residents safe and their families informed during the pandemic.



A large background image of Catherine Nguyen in a clinical setting. She is wearing a blue surgical mask and is focused on a computer monitor. Her hands are visible, holding a blue folder and a pen, as if she is writing or reviewing notes. The desk has various items including a hand sanitizer bottle, a barcode scanner, and some medical equipment. The background shows a typical office or clinical environment with papers on the wall.

"My name is Catherine Nguyen and I have recently joined the team at AVACS as a clinical pharmacist. With my experience in community pharmacy and collaboration with aged care, I endeavour to optimise health outcomes and safety for residents at AVACS. My role and goal in this unique and emerging position as an aged care clinical pharmacist is to prevent and manage medication-related issues as well as support health professionals and facility staff to ensure the quality use of medicines in the aged care environment. This allows me to oversee a diverse set of tasks, from managing the safe use of high-risk medicines such as antipsychotics, benzodiazepines and opioids to provide training to carers to who administer the medications. I look forward to collaborating with this singular team in improving and maintaining the safety and care of our residents at AVACS."

WELCOME

EVERYDAD HAS HIS DAY

Father's Day is the perfect opportunity to celebrate what makes Dads so precious - and Avacs has many fathers who deserve to put their feet up on their special day. Happy Fathers day to all Avacs'Dad !

We worked through our Covid-19 visitor restrictions to unite fathers with children through our "Window of Love". The tender moments exchanges create priceless memories that families cherish during our visitor restrictions. Inside the home, we had a blast, enjoying a special afternoon tea with cake in the library. Residents and staff enjoyed a singalong. It was a wonderful day- where you could feel the love.

Happy

BIRTHDAY

Sydney restrictions don't stop us enjoying Birthday celebrations here at Avacs. September birthday for our residents have celebrated with a fun, colourful photoshoot and especially beautiful flowers from their granddaughter and grandson

VU LAN

Vu Lan Festival at Avacs

Vu Lan festival, also known as the ceremony of filial piety, is one of the main Buddhist holidays. This festival coincides with the Mid-Autumn Festival of the Han people and also coincides with the full moon day of the 7th month of Atonement of the dead of Asian customs. According to folk belief, is the day when the prison door is opened, amnesty for the dead should be held (in the afternoon) for the helpless spirits who have no relatives on Earth to worship. Every day every prisoner in hell has the opportunity to be forgiven, to be freed from being born in a peaceful realm.



SPRING HAS SPRUNG AGAIN!



We have been busy gardening in the spring sunshine and are now harvesting delicious vegetables to enjoy and cook with.

**A Garden is
a friend you can visit
anytime**



Gardening is a wonderful physical and emotional activity for our residents. It is an opportunity to reminisce about times gone by while reaping the benefits of sunshine, fresh air and gentle exercise.

How exciting to feel the warmth of Spring starting to seep through our Southern Winter!



MOON FESTIVAL

September has seen us enjoy some wonderful bonding moments with activities such as our Moon Festival celebration

This year's Mid-Autumn Festival, we celebrated differently due to the pandemic. It is a little disheartening to realise our residents could not share this sweet time with their families in person especially because the festival traditionally celebrates reunions of families.

Our residents enjoyed the special Moon Festival lunch and a Moon cake for everyone.

UPCOMING EVENTS

Grandparent Day
Melbourne Cup
Vietnamese Teacher Day
Christmas

WE VALUE YOUR FEED BACK

We are dedicated to providing the highest quality care, and welcome your comments, compliments and complaints as these help us to continually improve the services we provide. You are always welcome to provide feedback directly to staff at our home; alternatively, feedback forms are available throughout our home and can be handed to a staff member, placed in a suggestion box or posted back to us.

THANK YOU

As we have worked hard to provide the highest quality of care to some of society's most vulnerable people; even more so over the past 15 months as we have faced the ongoing challenges of COVID-19 in our sector. We thank you for our residents and representative's patience and understanding.

MAKE A NOTE

Our resident & representatives meeting will on Dec 13, please make a note and your participation in this meeting is welcomed.

If you would like to visit our home, please be aware of the current visitor protocols. All decisions are made in line with NSW Health guidelines.

EDITORIAL BOARD

Board Director
Recreational Activity Team

ADVISOR

Facility Manager

Australian Vietnamese Aged Care Service
783-785 The Horsley Drive
Smithfield 2164
Contact phone: (02) 82348853

