



Message from AVACS President



Dear AVACS residents, family members and staff,

Happy New Year 2026 to all residents, family members and AVACS staff. I hope that everyone have enjoyed your festive season and celebrations together with your family members and friends.

During the past 12 months, AVACS Board, all staff and visiting Doctors and Allied Health Professionals have worked tirelessly to care for our beloved residents, to make sure that all residents have received the best possible clinical care and having delicious and nutritious meals every day. We have achieved a full Re-Accreditation status in May 2025 and became one of the best Nursing Home in Sydney with 5 stars rating based on Residents' Experience, Compliance, Staffing and Quality Measures.

This year, our nursing home will be in operation for 8 years since the Official Opening in June 2018 and we have achieved a full 100% occupancy. We are committed to

continue with the good work to care for our residents

and also helping many frail, lonely and socially disadvantaged elderly people in the community.

The Board would like to send a big Thank You and appreciated all AVACS staff who worked so hard and loyal to AVACS over the past years to care for our beloved residents like our own family members.

On behalf of AVACS Board, I would also like to thank you all residents and family members for your co-operation and support over the past 8 years.

Best regards,

Dr. David Minh Tang

AVACS President

05/01/2026



A Heartfelt Gift of Winter Warmth

As the first chill of winter began to settle in the air, our AVACS home was filled with a special kind of warmth, thanks to the incredible generosity of a visiting **Mrs Nancy & Mr Jim Lee** from our local community. Their thoughtful visit was a beautiful reminder of the kindness that surrounds our residents.



A Personal Touch of Comfort and Care

With winter just around the corner, our two special visitors arrived with bags full of cosy gifts, determined to help our residents stay comfy and warm. They graciously went from room to room and through our common areas, taking the time to connect with each resident personally.



Residents' faces lit up as they were offered a wonderful choice of soft, colourful winter headbands (ear warmers) and snug beanies. As the photos beautifully capture, there were smiles all around as our staff and the couple helped residents try on their new gifts, finding the perfect style and colour to match their personalities. From residents enjoying a meal in the dining room to those resting comfortably in their rooms, everyone was included in this heartfelt gesture.



More Than a Gift: A Gesture of Community

This act of kindness was about so much more than just the gifts themselves; it was a beautiful gesture of community connection and a day filled with genuine, personal interaction. The warmth of the beanies and headbands was matched only by the warmth of the smiles and conversations shared.

It's moments like these that bring an immense amount of joy to our home and highlight the wonderful



spirit of the community we are a part of. We extend our deepest gratitude to our thoughtful visitors for their generosity, their time, and for bringing such comfort and happiness to our residents as we head into the cooler season.



Smiles, Shopping, and Vibrant Community Spirit: The AVACS Market Day Was a Resounding Success!

A wonderful buzz of excitement and heartfelt connection filled the air at AVACS during our recent Market Day. We are absolutely thrilled to share that this special program was a resounding success, creating a joyful and familiar shopping experience that brought our entire community together in a truly meaningful way.



Weeks of Heartfelt Preparation

This event was more than just a day of activities; it was a testament to the dedication of our incredible RAO



Team. For weeks, they worked tirelessly behind the scenes. Their efforts included collecting a wide array of generous pre-loved item donations from our staff and carefully

curating a diverse range of new and pre-loved goods to ensure there was something special for everyone. The plan was carried out in every detail, from setting up and decorating the stalls to the thoughtful presentation of the items.

Highlights from Our Special Day

A Shopper's Delight

Our stalls were overflowing with treasures! As seen in the photos, residents happily browsed tables piled high with colourful pre-loved scarves, stylish clothing, and chic handbags. Other tables featured sparkling jewellery, unique handmade crafts, and a wide selection of practical everyday toiletries. The sheer variety



provided a genuine and empowering shopping experience, offering items for both practical use and personal enjoyment.

A Cherished Trip Down Memory Lane

This event was powerful because it successfully recreated the social and commercial atmosphere of the past, sparking a tangible sense of nostalgic joy among our residents. The simple, familiar act of browsing, handling goods, choosing an item, and making a "purchase" is a cherished activity. We saw residents light up as they re-engaged with this experience, fostering a wonderful sense of independence, choice, and normalcy.

Community Spirit in Action

The day was a beautiful demonstration of our core AVACS spirit. Staff members were on hand not just to manage the stalls, but to act as personal shoppers and companions. They enthusiastically assisted residents, helping them browse the clothing racks, offering warm opinions, and sharing in the joy of finding the perfect item. The smiles, the animated



conversations, and the shared moments of discovery were the true highlights of the day.

More Than Just a Market

Ultimately, the Market Day was so much more than just shopping. It was a powerful reminder of the importance of dignity, choice, and social engagement in our residents' lives. It was a day of independence, vibrant connection, and shared happiness that touched everyone involved.

The smile on our residents' faces as they proudly held their new treasures said it all.

We extend our heartfelt gratitude to our incredible RAO Team and all the staff who donated items and their time to make this day an unforgettable success



for our residents. We look forward to creating many more moments like this.

Seven Years of Style and Smiles: Our Dedicated Volunteer Hair Care



For an incredible seven years, our AVACS residents have been treated to a professional salon experience right here in our home, all thanks to the wonderful "Chi Mai," a dedicated volunteer from our community. Every Monday, without fail, she brings her professional skills, warm smile, and generous spirit to our residents, helping them look and feel their absolute best.



More Than a Haircut: A Day of Beauty and Wellbeing



Our in-house salon becomes a hub of activity on Mondays. Chi Mai doesn't just provide a simple trim; she offers a full range of services that create beauty and boost wellbeing. As you can see from the photos, she provides everything from stylish cuts and gentle combing to professional hair dyeing, perming, and setting. Residents can be seen

relaxing under the salon dryer, just as they would in any high-end salon.

This service is about so much more than vanity. It's about dignity, self-care, and the joy of feeling pampered. The gentle care she takes with each resident and the confidence a fresh hairstyle provides is a priceless gift.

A dedicated RAO staff at our nursing home provided invaluable support by offering temporary hairdressing services to residents during the primary hairdresser on holiday. This initiative ensured continuity of care and comfort for our residents



A Morning of Sunshine and Serenity



One of our most cherished new activities is the simple, peaceful "Sunbath Hour." On beautiful, clear mornings, our residents have been

enjoying the lovely garden on our balcony, soaking in the gentle sunshine and fresh air.

Coffee, Music, and Good Company

As the photos capture, it's a wonderfully relaxing time. Residents gather at the tables or relax on the comfortable couches, enjoying the warmth and the pleasant company of their peers.



To make the mornings even more special, our staff serve freshly brewed coffee and other warm drinks, which residents can sip while chatting with friends or simply enjoying a quiet moment. We play relaxing Vietnamese music from their time, which





drifts gently through the air, adding to the serene atmosphere.

This simple pleasure—feeling the sun, listening to familiar music, and sharing a quiet coffee with friends—has quickly become a favourite part of the day. It's a beautiful, calm way to connect with nature and with each other.

Fun in the Kitchen: Our Recent Cooking Adventures!

Our AVACS kitchen and activity rooms have been filled with delicious smells and happy, busy hands thanks to some wonderful group cooking activities. These sessions are a fantastic way for residents to get hands-on, share stories, and create something tasty together.



Hands-on Vietnamese Sweet Soup (Chè)

One of our recent highlights was a session making traditional Vietnamese sweet soup. As you can see from the photos, residents gathered around the tables to help prepare the ingredients. With the dedicated support of our RAO team, residents helped mash colourful sweet potatoes and skillfully rolled small pandan-flavoured balls, all in preparation for a delicious and comforting dessert.

It was a wonderful sensory experience and a lovely way to connect with cherished flavours.



Baking Fun: Buns & Doughnuts

In another popular session, our residents and staff teamed up to bake. Residents put on gloves and got stuck into the fun, helping to pour the flour, mix the ingredients, and knead the dough. There were smiles all around as everyone worked together, with some residents expertly shaping the dough into rings, getting them ready for baking.



Preparing for a Performance: Homemade Ice Cream

The fun didn't stop there! In preparation for a special Music Performance event, our RAO team brought out the ice cream maker. They spent the afternoon





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whipping up a batch of special, homemade ice cream to be served as a refreshing treat for everyone attending the music show the next day. It was the perfect sweet touch to look forward to!



Celebrating Vu Lan: a day of gratitude and reverence at AVACS home



Our AVACS Home held a heartwarming Vu Lan celebration on Fri 06 Sep, dedicated to honouring our ancestors and expressing gratitude to our parents. The

event, which has become an annual tradition at our home, was conducted by our regular visiting monks and brought together residents, visitors and staff in a spirit of reverence and reflection.

A Ceremony of Remembrance

The ceremony began with the visiting monks sharing the story of the origin of Vu Lan celebration with the residents. Then, the moment of the ceremony was when the visiting monks performed the ritual of placing brooches made of cloth roses on the residents and staff.



This year, in a special gesture of religious respect, all residents were presented with beautiful yellow roses. Yellow roses were also given to the monks, uniting everyone in a shared symbol of reverence.



Peaceful Chanting and Thoughtful Gifts



After the rose offering ceremony, the visiting monks started leading a particular chanting session for the Vu Lan celebration, creating a serene

atmosphere. The sounds of the chants resonated throughout the room, bringing a sense of peace and spiritual connection to all who attended.

Many residents expressed their feeling of slight emotion and warmth as they remembered their own parents while chanting about the upbringing and sacrifice of parents for the quality of children life.



After the ceremony, the visiting monks gave each resident a Vietnamese steamed pork bun, provided by the generous donation of Mrs. Thi Tam Chiem and Mrs small gifts symbolised the care, offering a sweet and refreshing end to a spiritually enriching experience. The residents left the ceremony with hearts full of warmth, gratitude and much of appreciation.





Honouring Our Fathers: A Heartfelt Father's Day at AVACS



Joy, laughter, and music filled the halls of AVACS Nursing Home as we hosted a heartwarming Father's Day party for our residents and their families. It was a truly special day dedicated to celebrating and honouring the incredible fathers within our community.

A Celebration Filled with Gratitude

The event was brought to life with lively music that had everyone's feet tapping and spirits high. Our dedicated staff worked diligently to create a festive atmosphere brimming with warmth and gratitude.



Heartfelt speeches were shared, paying tribute to the fathers in attendance, and many residents took the microphone to share their own cherished memories of fatherhood and family, enjoying the precious company of their loved ones.



It was a true community celebration in every sense. All our lady residents also participated with great enthusiasm, cheering on our male residents and making them feel extra special on their day.

A special highlight of the



party was our raffle ticket drawing, which added a fun spark of anticipation. We were thrilled to announce our

two lucky resident winners, who each received a brand-new clock.

These gifts were not just beautiful, but practical too, intended to help our residents keep on time for all their everyday tasks and



activities!

Special

Treats for a



Special Day

No celebration is complete without delicious refreshments, and we made sure our fathers were treated to the best. Our male



residents enjoyed

celebratory 0% alcohol beers, champagne, and a selection of other sweet beverages. These were perfectly paired with delicious, sweet cakes specially ordered from the "Bread Tops" bakery.



To top off the wonderful afternoon, everyone was served a special ice

cream treat—a sweet ending to a perfect day.

Our Wonderful Resident Outings 🚗





We've had a busy and exciting time with our recent bus outings, giving residents a chance to enjoy the vibrant community, familiar tastes of home, and beautiful spring weather.

A Taste of Home: Our Trip to Canley Heights

There's always a special excitement for our bus outings, and our recent trip to Canley Heights shopping street was a wonderful success! Getting out into the vibrant community, our residents thoroughly enjoyed the familiar sights and sounds of the bustling street.

Fresh Fruits and Familiar Flavours

The first stop was browsing the local fruit markets. Residents loved having the independence to look, smell, and choose their own preferred fruits, from sweet mangoes to fresh longans. It was a lovely return to a familiar and enjoyable activity. After a successful shopping trip, it was time for lunch at the popular "Minh Tam" restaurant. The highlight of the meal was the "Special broken rice" (Cơm tấm), a much-loved and traditional Vietnamese dish. Our residents absolutely loved the delicious, authentic flavours. The familiar taste of home, combined with the lively restaurant atmosphere, and the company of peers, made for a truly perfect outing.



A Day Among the Blossoms: Our Visit to the Cherry Blossom Festival



On a beautiful, sunny spring day, a group of our residents embarked on a special bus outing to visit the stunning Parramatta's Garden during the annual Cherry Blossom Festival. The excitement was clear as everyone boarded the bus, ready for a day of fresh air and beautiful sights.

Strolling in the Sunshine

Upon arrival, we were greeted by a breathtaking display of pink and white cherry blossoms in full bloom. Our residents thoroughly enjoyed strolling and wheeling along the garden paths, pausing to admire the delicate flowers up close.



As you can see from the photos, it was a perfect backdrop for pictures, and our residents (and their



stylish sun hats!) looked wonderful against the vibrant colours.

A Delicious Yum Cha Lunch



After a wonderful morning exploring the gardens, the group headed to the "Iron Chef" restaurant to enjoy a fantastic Yum Cha lunch. This was a highlight of the day for many, as residents

happily shared stories from the garden over delicious dumplings, buns, and other tasty dishes. Everyone agreed it was the perfect way to recharge, and our residents absolutely loved the authentic flavours!

A Joyful Community Outing

The day was not just about the flowers and food; it was about the wonderful, shared experience. Our dedicated staff were on hand to assist, ensuring everyone could navigate the gardens and restaurant comfortably and safely. Outings like these are a cherished part of our lifestyle program, offering a fantastic opportunity for our residents to connect with nature and the wider community. It was a refreshing, joyful day, and we are already looking forward to our next adventure!





Engaging Minds and Bodies: Daily Activities at



AVACS

At AVACS, we believe that a fulfilling day is one filled with purpose, joy, and connection. Our daily lifestyle program is thoughtfully designed to engage both the minds and bodies of our residents, ensuring a vibrant atmosphere where everyone can thrive.

Sing-Along Sessions: A Chorus of Joy



Our common areas frequently resonate with the uplifting sounds of our sing-along sessions. This beloved activity sees residents coming together to share their voices and enjoy the timeless melodies of their favourite songs. It is a wonderful way to foster community spirit and evoke happy memories through music.

Strategic Fun: Dominoes

For those who enjoy friendly competition, our domino sessions are a popular choice. This classic game sparks lively conversation and laughter as residents challenge each other, encouraging strategic thinking and social interaction in a relaxed setting.



Mental Fitness: Crosswords



Our crossword game sessions provide excellent mental stimulation. Residents work together or individually to solve puzzles, keeping their minds sharp and engaged. It's a fantastic way to focus on language and memory while

enjoying a sense of accomplishment with every solved clue.

Creative Arts: Pattern Colouring



Our creative arts program offers a relaxing outlet for self-expression. Sessions dedicated to pattern colouring allow



residents to explore their artistic side, focusing on intricate designs in a calm and supportive environment.

Active Fun: Tennis on Chair

Physical well-being is a key priority, and our "tennis on chair" sessions have become a highlight of the week. This adapted activity provides a fantastic, safe way for



residents to maintain their mobility, coordination, and fitness while having a great deal of fun.

Peaceful Moments: Reading and Music



For those who prefer a more tranquil pace, our home offers plenty of opportunities for quiet reflection. Residents can often be found relaxing with a captivating book in a sunlit corner or playing a musical instrument, such as the guitar, adding a peaceful soundtrack to our daily life.



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Under the Moonlight: Celebrating the Mid-Autumn Festival at AVACS



The air at AVACS Nursing Home was filled with warmth and nostalgia this week as residents and staff came together to celebrate the Mid-Autumn Festival (Tết Trung Thu) 2025. A cherished tradition marking the harvest moon, the event transformed the facility into a vibrant hub of culture, community, and joy.



A Taste of Tradition

Central to the celebration was the sharing of mooncakes, the festival's most iconic delicacy. For the residents, the taste of *bánh Trung Thu* is more than just a sweet treat; it is a connection to memories of family gatherings and childhood autumns.



A special note of gratitude goes to Nancy and Jim Lee, whose dedication to the AVACS family shines brightly every year. Once again, they provided delicious homemade mooncakes,

ensuring that every resident could savor the authentic flavors of the season. Their generosity remains a highlight of the festivities, eagerly anticipated by all.

Leadership and Community Spirit



In a heartwarming display of connection, Facility Manager Shirley Leong and Care Manager Kim Nguyen stepped away from their offices to join the residents at the table. Their presence underscored the strong sense of family at AVACS, where leadership and care go hand in hand. Sharing stories and slices of cake, they helped create an atmosphere where everyone felt valued and at home.

The Dance of Joy

The festivities reached a crescendo with a spectacular lion dance performance that brought the spirit of the festival to life. The rhythmic beating of the drums echoed through the halls, building excitement and energy.



As the colorful lion pranced and leaped with grace, the residents watched in awe, their faces lighting up with delight. For many, the performance was a journey back to their cultural roots, sparking smiles and animated conversations. The vibrant display did more than entertain; it united the residents, staff, and visitors in a shared moment of celebration, making the 2025 Moon Festival a truly unforgettable day for the AVACS community.





Empowering Care: Education and Training Highlights at AVACS

At AVACS Nursing Home, providing the highest quality of care begins with a knowledgeable and empowered team. Throughout October, November and December 2025, our facility has focused heavily on professional development, preparing our staff for upcoming legislative changes and ensuring our residents' safety during the approaching summer season.



We believe education is a partnership, which is why we also conducted a face-to-face **Senior Rights Education** session for residents and their representatives. This session introduced the new standards and act, ensuring our community is informed and empowered. Further sessions are planned once the Contract Statement policy is finalized.



Excellence in Palliative Care

We are committed to providing compassionate end-of-life care. This month, we continued our collaboration with the district's **RACF Palliative Care CNC** (Clinical Nurse Consultant), who has been delivering vital face-to-face education sessions. The fourth and final session of this series is scheduled for December.

To complement this, staff have been registered for online lessons on palliative care. We also extend our thanks to **Wendy** from **Meditrax**, who provided a specialized in-service session on pharmaceutical interventions, ensuring our clinical team is up-to-date on the best practices for symptom management.

Preparing for Summer: Extreme Weather



Improving Quality Of Life:
Palliative Care Approaches For
Pain Management

Management

With the Australian summer heating up, resident safety during heatwaves is a top priority. Our Care

Strengthened Aged Care Quality Standards

Expectations for older people



Australian Government
Aged Care Quality and Safety Commission

Find out more
agedcarequality.gov.au/older-people

Navigating New Standards



A major focus this month has been the transition to the **New Aged Care Standards and the New Aged Care Act**. To ensure our team is fully prepared, we hosted two compulsory face-to-face training sessions led by aged care consultant **James Lim**. It was an impressive turnout, with eighty staff members attending to deepen their understanding of the "New Strengthened Standards." James' materials have been instrumental in

this transition and have now been incorporated into our ongoing education calendar to further enhance staff knowledge.





Team has been enrolled in the **AUSMED Extreme Weather Management** online training.

To reinforce this, "Toolbox talks" and educational brochures have been distributed to guide staff on caring for residents during hot weather. Our Registered Nurses are actively ensuring their teams are aware of the necessary steps to take on hot days, with a specific emphasis on **hydration for residents on modified diets and thickened fluids**, who are often most at risk.



Looking Ahead: Infection Prevention (IPC)

Ahead: Prevention

Safety remains paramount as we look toward the new year. We are currently developing a robust **IPC education plan** to comply with the "New Aged Care Standard 5," which has been added to the 2026



education calendar.

Starting in January 2026, all staff will undertake mandatory online courses and assessments regarding Infection Prevention and Control, Hand Hygiene, and PPE protocols. Furthermore, we are promoting the use of the **Infection Prevention Services (IPS) application**, which is now available on all desktops throughout facility to assist staff in maintaining a safe environment.





The Race That Stops the Nation: Melbourne Cup 2025

The Melbourne Cup is more than just a horse race; it is a national event that transcends sport, bringing people together on the first Tuesday of November. This year, the spirit of Flemington Racecourse came alive right here at AVACS Nursing Home, creating a day of fashion, fun, and unforgettable memories for our residents.



Fashions on the Field

The excitement was palpable as residents prepared for the big day, dressing in their finest to celebrate the occasion. A highlight of the event was the incredible array of colorful, handmade fascinators worn by the residents. From vibrant feathers to sparkling accents, these unique headpieces were crafted by our dedicated staff, showcasing a heartwarming collaboration that added a touch of glamour to the day.



Sweeps and Suspense

To add a layer of thrill to the festivities, the traditional Melbourne Cup ticket sweep was in full swing. On tables lined with green cloth, sweepstake tickets with horse names like "Parchment" and "Chevalier Rose" were laid out, giving staff, residents, and families a chance to participate in the friendly competition. It was an inclusive activity that sparked conversation and anticipation across the room.

A Feast for the Festivities



No celebration is complete without great food. Our dedicated staff members, dressed in festive red, were on hand to serve a delicious spread. From bowls of chips and hot nuggets to refreshing beverages and

ice cream, the team worked hard to ensure everyone enjoyed the party atmosphere.

The Main Event

As the clock ticked toward 3 pm, the "race that stops the nation" took center stage. Residents gathered in the main hall, eyes glued to the screen as the horses thundered down the track. Laughter and cheers filled the air, creating a powerful sense of unity and camaraderie. The Melbourne Cup Day at AVACS was not just about the race; it was a reminder of the importance of connection and the power of coming together to enjoy life's simple pleasures. We thank our wonderful staff for going the extra mile to make this day so special.





A Festive Wonderland: AVACS Residents' Christmas Party 2025



The Christmas season at AVACS Nursing Home was a heartwarming affair this year, transforming the facility into a true

festive wonderland. Beautiful decorations adorned the common areas, with sparkling tinsel and a magnificent Christmas tree creating a joyful atmosphere that welcomed residents and visitors alike.



Made with Love: Preparations by the RAO Team

The spirit of giving began long before the party started. Behind the scenes, the dedicated Recreational Activity Officers (RAO) team worked tirelessly to ensure every detail was perfect. Photos from the week leading up to the event show the team lovingly preparing and packing hundreds of gift bags, ensuring that every resident would feel remembered and cherished.



In a special culinary treat, the RAO team also took charge of the dessert menu. They prepared homemade ice cream in three distinct, culturally nostalgic flavors: **Taro, Red Bean, and Sesame**. Thoughtfully designed to match the holiday spirit, the treats were presented in the season's signature red and green colors, adding a delicious and festive touch to the menu.



Celebration of Joy and Community The highlight of the season was, of course, the special Christmas party. The dining hall buzzed with energy as elderly residents gathered for a delightful lunch served with cheer. The room was a sea of festive colors, with residents dressing up for the occasion in Santa hats and reindeer headbands, truly enhancing the spirit of celebration.



The management team, accompanied by a friendly and jovial Santa Claus, made rounds to greet each resident personally. Laughter filled the room as Santa handed out the thoughtful gifts prepared earlier by the RAO team. The smiles, hugs, and sparkling eyes captured in the photographs reflect the deep happiness shared among everyone present.



More Than Just a Party This event did more than just brighten a single day; it reinforced the strong sense of community and compassion that defines AVACS. By blending Australian Christmas traditions with familiar Vietnamese flavors and warmth, the celebration reminded everyone that AVACS is not just a facility, but a special place to live, love, and celebrate during the holiday season.





Enhancing Mobility and Joy: AVACS Welcomes New Wheelchair Lift for Resident Outings

At AVACS we are dedicated to ensuring our residents live life to the fullest, maintaining their connections to



the community and to each other. We are thrilled to announce a significant upgrade to our facility transport: the installation of a brand-new hydraulic wheelchair lift on our bus. This meaningful addition ensures that outings are inclusive, safe, and accessible for everyone.

A Grand Opening for Greater Accessibility

To mark this special occasion, our Facility Manager Shirley, RAO team and residents gathered for an official ribbon-cutting ceremony right in front of the bus. The event celebrated not just a mechanical upgrade, but a new chapter of freedom for our residents.

The new installation features a robust, high-safety mesh platform lift deployed from the rear of the vehicle. This technology allows our care staff to



smoothly and safely guide residents seated in wheelchairs directly onto the bus, eliminating the physical barriers that previously made travel difficult for some.



New Bus Lift



Enhances Resident



Outings at AVACS

The new lift arrived just in time for the festive season, allowing our seniors to enjoy the holiday spirit in the wider community. Residents have enjoyed trips to shopping centers like Harvey Norman, taking photos in front of beautiful Christmas displays.





Celebrating with Nham Cha at Cabravale Resort Club



Beyond shopping, the lift has made it easier to organize social dining experiences. A standout moment was our recent trip to the newly opened **Cabravale Resort Club**. Residents and staff gathered around large round tables to enjoy a traditional **Nham Cha (Yum Cha)** lunch, reinforcing the cultural joy of communal dining.

Whether resting in the club's modern atrium, admiring the decorations, or relaxing in the elegant lobby, the smiles on our residents' faces were the ultimate reward.



This new lift is more than just equipment; it is a bridge to the outside world, ensuring that every resident at AVACS continues to be an active, happy participant in our community.





Upcoming Events

Don't miss out on the fun we have planned for the holiday season!



Luna New Year

Sunday, 08 February 2026

Valentine's Day

Thursday, 12 February 2026

Women's Day

Thursday's 05 Mar 2026

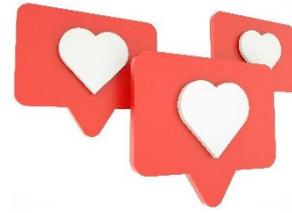
AVACS team have worked hard to provide the highest



quality of care to some of society's most vulnerable people and even more so when faced with the ongoing challenges of COVID-19 infection in Residential Aged Care Facilities. We thank our residents and representatives for their patience, understanding and support.



WE VALUE YOUR FEED BACK



We provide the highest quality care, and welcome your comments, compliments and complaints as these help us to continually improve the services we provide. You are always welcome to provide feedback directly to staff at our home; alternatively, feedback forms are available throughout our home and can be handed to a staff member, placed in a suggestion box or posted back to us.

Committee Meetings

Our Resident & Representatives meeting is held every 2 months, and the Resident Advisory Committee Meeting is held quarterly. Please make a note and your participation in this meeting is welcomed and valued. These dates will be emailed to committee members and residents' representatives.



ADVISORY

Facility Manager

EDITORIAL BOARD

AVACS Board of Directors

Recreational Activity Team